

ROCIA SKINCARE

... for the health of your skin

Welcome and thank you for your interest in ROCIA natural skin care

We are very proud of the ROCIA skincare line and we guarantee that every product has been hand-made in small batches with only the finest holistic blends of 100% naturally-occurring ingredients from Mother Earth.

cleanse ... balancing cleanser - ideal for all skin types

Ingredients: organic ROSE hydrosol, pure organic WITCH HAZEL distillate , organic JOJOBA & COCONUT oils, organic essential oils of LAVENDER & ROSE GERANIUM, naturally-sourced (non-gmo_ VIT E & GRAPEFRUIT SEED extract

Apply this gentle, non-drying lotion to deeply cleanse skin removing any last traces of makeup, impurities and grime. Organic lavender & rose geranium essential oils, traditionally known for their anti-inflammatory & sebum-balancing properties, help smooth the appearance of skin while unclogging pores.

Directions: apply to wet skin, rinse off and follow with toner. Natural no-tear formula!

olive oil cleansing cake – idea deal for all skin types

Ingredients: SAPONIFIED OLIVE OIL

Olive oil is “saponified” into soap by the addition of sodium hydroxide (which is neutralized in the process). Chemical reaction—fats/oils combining with lye, resulting in 5 parts soap / 1 part glycerin. Note: if the saponification process is not present in soap making you are simply applying a detergent to your skin

Apply this exceptional product, rich in vitamins and antioxidants to even the most delicate skin. Its creamy lather gently removes excess oil and dirt leaving skin feeling clean and hydrated. 100% pure, perfume free, baby-mild ... great for acne, eczema, psoriasis and rosacea

Directions: wash face morning & night. Follow with toner

toner - balancing toner - ideal for all skin types

Ingredients: organic ROSE hydrosol, pure organic WITCH HAZEL distillate , organic essential oils of LAVENDER & ROSE

Apply this gentle, non-drying toner as your last step in the cleansing process. Pure witch hazel distillate naturally restores skin's pH levels while helping improve skin's clarity by reducing the appearance of wrinkles and fine lines.

Directions: shake well. Apply to face and neck area morning & night after cleansing

purify - purifying toner - ideal for oily, acneic skin types

Ingredients: organic ROSE hydrosol, pure organic WITCH HAZEL distillate , organic essential oils of LAVENDER & ROSE

Apply this effective purifying toner as your last step in the cleansing process for smooth, matte-looking skin. Help balance and remove excess oils, leaving skin feeling clean, soothed and refreshed.

Directions: shake well. Apply to face and neck area morning & night after cleansing

eye serum - eye serum - ideal for all skin types

Ingredients: naturally-sourced MARINE ALGAE, organic essential oils of LAVENDER, LEMON & CYPRESS, GRAPEFRUIT SEED extract

Apply this potent vitamin & mineral-rich formula to help diminish the appearance of puffiness and fine lines. Organic cypress essential oil, traditionally known for its firming & astringent properties infused with wrinkle-relaxing peptides, help protect brighten and hydrate the look of fragile skin around eye area.

Directions: with ring finger gently pat 1-2 drops around eye area after toning

fruit acid lotion - natural alpha hydroxy acid lotion - ideal for all skin types (except rosacea)

Ingredients: organic ROSE hydrosol, organic COCONUT oil, GRAPEFRUIT SEED extract, organic essentials oils of LEMON & LIME

Apply this 100% natural aha lotion to gently slough off dead skin cells diminishing the look of hyper-pigmentation, discolouration and wrinkles revealing smoother, even-toned looking skin

Directions: apply, as needed, at bedtime (after toning) to face and neck avoiding eye area. Allow lotion to penetrate skin 10 minutes before moisturizing.

firming gel - firming facial gel - ideal for all skin types

Ingredients: naturally-sourced SEAWEED gel, organic essential oils of CYPRESS, CLARY SAGE & FRANKINCENSE

Apply this powerhouse of ingredients to protect skin's firmness and elasticity while improving the appearance of fine lines, wrinkles and luminosity

Directions: warm a small amount on fingers, then gently massage onto face and neck avoiding eye area. Apply daily

scrub - seaweed gel scrub with jojoba spheres - ideal for all skin types (except rosacea or acute acne)

Ingredients: naturally-sourced SEAWEED gel, pure ALOE VERA, pure AGAR, hydrogenated organic JOJOBA spheres, SORBITOL, LEMON organic essential oil, naturally-sourced (non-gmo) VIT E & naturally-sourced VIT C

Apply this 100% natural seaweed-enriched scrub to detoxify and nourish the appearance of your skin. Minerals from the sea, powerful antioxidants and gentle-exfoliating jojoba spheres help refine, tone and balance leaving skin looking and feeling refreshed, satiny smooth and rejuvenated

Directions: after cleansing gently massage onto face avoiding eye area. Rinse off with water. Use once per week or spot treat as needed

masque - dead sea mud & organic green tea masque - ideal for all skin types

Ingredients: naturally-sourced DEAD SEA mud, pure KAOLIN clay, organic ROSE hydrosol, organic JAPANESE GREEN TEA, naturally-sourced vegetable-based GLYCERIN, naturally-sourced (non-gmo) VIT E, naturally-sourced Vit B5, NETTLE, COLTSFOOT & GRAPEFRUIT SEED extracts

Apply this detoxifying blend of Dead Sea mud, clay, organic green tea and botanicals to help deep cleanse, lift impurities and nourish skin for a more healthy and radiant look ... your skin will feel like silk!

Directions: apply to face bi-weekly avoiding eye area. Leave on 15 or until masque completely dries ... follow with toner

Note: can be used as an overall facial masque or as a spot treatment

clarify - clarifying misturizer - ideal for normal-oily skin types

Ingredients: distilled AQUA, organic ROSE HYDROSOL, naturally-sourced vegetable-based (coconut oil) EMULSIFYING WAX, organic JOJOBA & COCONUT oils, naturally-sourced vegetable-based GLYCERIN, organic essential oils of PATCHOULI & LIME, VANILLA & GRAPEFRUIT SEED extracts

Apply this light & greaseless jojoba-based moisturizer to help balance excess oil, tighten enlarged pores while leaving skin with a smooth, soft, matte look.

Directions: apply to wet skin twice daily. Rinse off and follow with toner

purify - purifying moisturizer - ideal for oily, acneic skin types

Ingredients: organic MELISSA hydrosol, organic JOJOBA OIL, naturally-sourced vegetable-based (coconut oil) EMULSIFYING WAX, organic essential oils of JUNIPER BERRY, PETITGAIN, ROSE GERAMIUM, ROSE AND LAVENDER, GRAPEFRUIT SEED extract, naturally-sourced (non-gmo) VIT E

Apply this light greaseless lotion infused with organic botanicals to help balance oily skin, calm redness and reduce blemishes without clogging pores or upsetting the skin's essential moisture barrier.

Directions: apply to face and neck area morning & night after toner

hydrate - moisturizing crème - ideal for normal-dry skin types

Ingredients: distilled AQUA, organic ROSE hydrosol, naturally-sourced vegetable-based (coconut oil) EMULSIFYING WAX, organic SESAME & CARROT ROOT oils, organic SHEA BUTTER, organic essential oils of LINDEN BLOSSOM, BENZOIN, BERGAMOT & LAVENDER, extracts of SWEETGRASS, VANILLA & GRAPEFRUIT SEED, naturally-sourced (non-gmo) Vit E

Apply this vitamin and anti-oxidant rich crème to help protect, nourish and deeply condition the look of dry skin. Infuses with organic botanical oils to restore essential moisture leaving skin looking and feeling radiant and supple.

Directions: apply to face and neck area morning & night after toner

ROSE - moisturizing crème - ideal for dry skin types

Ingredients: distilled AQUA, organic ROSE hydrosol, naturally-sourced vegetable-based (coconut oil) EMULSIFYING WAX, organic SHEA BUTTER, organic ROSE GERANIUM essential oil, GRAPEFRUIT SEED extract

Apply this luxurious crème to help nourish and restore essential moisture leaving skin feeling soft, silky smooth and regenerated

Directions: apply to face and neck area morning & night after toner

rejuve - rejuvenating crème - ideal for skin types 35+

Ingredients: distilled AQUA, organic ORANGE BLOSSOM hydrosol, organic SWEET ALMOND & CALENDULA oils, organic SHEA BUTTER, naturally-sourced BEESWAX, organic essential oils of CLARY SAGE, LAVENDER, BERGAMOT & NEROLI, naturally-sourced (non-gmo) Vit E, GRAPEFRUIT SEED extract

Apply this deeply-penetrating moisturizer to help stimulate collagen production and transform the appearance of fine lines & wrinkles into smoother, firmer, healthier-looking skin

Directions: apply to face and neck area morning & night after toner

delicate - soothing moisturizing crème - ideal for sensitive, rosacea-prone skin types

Ingredients: naturally-sourced vegetable-based (coconut oil) EMULSIFYING WAX, organic ALMOND oil, organic NEROLI hydrosol, distilled AQUA, organic essential oils of GERMAN CHAMOMILE, EVERLASTING, PETITGRAIN & LAVENDER

Apply this anti-inflammatory formula with organic botanical oils to help reduce redness and soothe & repair the look of sensitive, irritated skin

Directions: apply to face and neck area morning & night after cleansing. Use as needed

contour - toning treatment oil - suitable for face & body

Ingredients: organic HAZELNUT oil, organic essential oils of FRANKINCENSE, ROSEMARY, PEPPERMINT & CYPRESS

Apply this easily absorbed, 100% pure, organic treatment oil containing organic botanical oils traditionally used to help moisturize, tone & tighten the appearance of skin by boosting its natural ability to restore firmness and elasticity

Directions: apply as needed avoiding eye area

detox - detoxifying treatment oil - suitable for face & body

Ingredients: organic HAZELNUT oil, organic essential oils of BENZOIN, JUNIPER BERRY, GERANIUM, GRAPEFRUIT & LAVENDER

Apply this easily absorbed, 100% natural treatment oil containing organic botanicals traditionally used to help eliminate toxins, stimulate skin and restore firmness & elasticity

Directions: apply as needed avoiding eye area

gardener's glove - hand therapy - ideal for all skin types

Ingredients: naturally-sourced vegetable-based (coconut oil) EMULSIFYING WAX, organic ALMOND oil, NEROLI hydrosol, distilled AQUA, organic essential oils of GERMAN CHAMOMILE, EVERLASTING, PETITGRAIN & LAVENDER

Apply this intensive multi-functional treatment crème to help heal and protect the look of dry, cracked & irritated skin ... not just for hands!

Directions: use as needed

cellulite attack - ideal for cellulite-affected skin

Ingredients: distilled AQUA, organic ROSE HYDROSOL, organic COCONUT oil, naturally-sourced vegetable-based (coconut oil) EMULSIFYING WAX, organic essential oils of FENNEL, GRAPEFRUIT & CYPRESS, GRAPEFRUIT SEED extract

What is cellulite? Basically it is an accumulation of fat, fluid and toxins trapped in a network of collagen and elastin fibers in the deeper levels of the skin.

Apply this easily absorbed lotion to help reduce the appearance of cellulite-affected skin.

ROCIA's **cellulite attack** contains organic essential oils & botanicals traditionally used for:

- fennel - lymphatic stimulant properties help remove excess fluids in tissue
- cypress - vasoconstricting properties help improve circulation, strengthens blood capillaries
- grapefruit - detoxifying & toning properties
- rose hydrosol - high in GLA (gamma linoleic acid) aids in cell regeneration
- coconut oil - anti-oxidant rich emollient

Directions: massage small amount into cellulite-affected skin twice daily

shea butter - ideal for all skin types

Ingredients: organic, unrefined SHEA BUTTER

Apply this luxurious deep-penetrating 100% pure, organic, unrefined shea butter rich in vitamins and nutrients to moisturize and nourish even the driest most sensitive skin. Excellent for rough hands, feet, stretch mark prevention, blemishes, wrinkles, sunburn ... and so much more!

Directions: use as needed

déo - detoxifying natural deodorant - safe for all skin types

Ingredients: pure organic WITCH HAZEL distillate, naturally-sourced vegetable-based GLYCERIN, organic essential oils of CLOVE, CYPRESS, GERANIUM, GRAPEFRUIT, LAVENDER, LEMON & LIME

Apply this deodorizing spray formula made with the purest botanicals and herbs designed to encourage detoxification of residues from the body in a safe and effective way

Directions: spray morning & night or as needed

cocoa-mint lip butter - lip quenching butter- safe for all skin types

Ingredients: organic COCOA & SHEA butters, organic JOJOBA oil, naturally-sourced BEESWAX, organic PEPPERMINT essential oil, naturally-sourced (non-gmo) VIT E

Apply this butter drenching formula to help smooth, nourish and protect the lip area. Organic botanicals and oils help soothe & repair the appearance of dry, cracked lips

Directions: apply as needed

patchouli-lime natural soap - “energizing”- safe for all skin types

Ingredients: distilled AQUA, saponified organic COCONUT, PALM & OLIVE oils, organic essential oils of PATCHOULI & LIME, naturally-sourced HEMP seed and naturally-sourced MINERAL SALTS

Lather up with the earthy, exotic & refreshing scent of patchouli & lime while the gentle exfoliating action of hemp seeds leaves skin feeling clean, fresh and energized!

Directions: lather up as needed ... avoid eye area

ylang ylang natural soap - “sensual”- safe for all skin types

Ingredients: distilled AQUA, saponified organic COCONUT, PALM & OLIVE oils, organic essential oils of CLARY SAGE, YLANG YLANG & LEMON and naturally-sourced MINERAL SALTS

Lather up with the rich seductive scent of ylang ylang, spirit-lifting clary sage and just a top note of lemon. This rich creamy soap leaves skin feeling soft, satin smooth and sinfully delicious!

Directions: lather up as needed ... avoid eye area

rosemary-mint natural soap - “balancing”- safe for all skin types

Ingredients: distilled AQUA, saponified organic COCONUT, PALM & OLIVE oils, organic essential oils of ROSEMARY, PEPPERMINT, FRANKINCENSE & CYPRESS, naturally-sourced PEPPERMINT leaves and naturally-sourced MINERAL SALTS

Lather up and experience the rejuvenating scent of rosemary, stimulating peppermint and calming frankincense & cypress. Our special “balancing” blend of peppermint leaves and organic essential oils, traditionally known for their calming yet mentally stimulating effects, creates a soap that has both a warming & cooling effect on the skin ... great after a physical workout or a long hot day!

Directions: lather up as needed ... avoid eye area

lavender-benzoin natural soap - “calming”- safe for all skin types

Ingredients: distilled AQUA, saponified organic COCONUT, PALM & OLIVE oils, organic essential oils of LAVENDER & BENZOIN and naturally-sourced MINERAL SALTS

Lather up with and take a “time out” with the calming & comforting scents of lavender and benzoin essential oils. This lusciously warming and relaxing soap leaves skin feeling looking soft, smooth and cared for!

Directions: lather up as needed - avoid eye area

gro hair and scalp tonic - suitable for dull, thinning hair

Ingredients: pure WITCH HAZEL, organic APPLE CIDER VINEGAR, organic essentials of ROSEMARY, JUNIPER & CEDARWOOD

Apply this hair and scalp tonic containing organic essential oils traditionally used to help treat dull thinning hair, hair loss and general condition

Directions: shake well. Spray & massage a small amount directly onto scalp morning & night

mandarin shampoo bar - “gentle”- safe for all skin types

Ingredients: AQUA, saponified organic CASTOR, JOJOBA & OLIVE oils, organic MANDARIN essential oil and natural MINERAL SALTS

Apply our “complete hair treatment shampoo in a bar” that’s great for the gym, travelling or camping. Our baby-mild formula is suitable for the most sensitive skin!

Directions: shampoo hair, rinse & repeat. Avoid eye area!

gro shampoo bar - suitable for dull, thinning hair

Ingredients: AQUA, saponified organic CASTOR, JOJOBA & OLIVE oils, organic essential oils of ROSEMARY, JUNIPER & CEDARWOOD and natural MINERAL SALTS

Apply our “complete hair treatment shampoo in a bar” containing essential oils traditionally used to treat dull thinning hair, hair loss and general condition

Directions: shampoo hair, rinse & repeat. Avoid eye area!

seaweed & mandarin hair conditioner - safe for all skin types

Ingredients: vegetable-derived EMULSIFYING WAX, AQUA, organic MANDARIN essential oil, GRAPEFRUIT SEED & SEAWEED extracts and CITRIC ACID

Apply this butter drenching formula to help smooth, nourish and protect the lip area. Organic botanicals and oils help soothe & repair the appearance of dry, cracked lips

Directions: apply as needed

baby bloc - natural sunblock for babies

Ingredients: vegetable-derived EMULSIFYING WAX, SHEA BUTTER, organic SESAME & CARROT ROOT oils, natural VIT E, GRAPEFRUIT SEED extract, AQUA, ROSE hydrosol, organic essential oils of ROSEMARY, ROSE, GERANIUM, BENZOIN, MYRRH

Apply this butter drenching formula to help smooth, nourish and protect the lip area. Organic botanicals and oils help soothe & repair the appearance of dry, cracked lips

Directions: apply as needed

bloc - natural broad-spectrum sunblock - for all skin types

Ingredients: vegetable-derived EMULSIFYING WAX, SHEA BUTTER, organic SESAME & CARROT ROOT oils, natural VIT E, GRAPEFRUIT SEED extract, AQUA, ROSE hydrosol, organic essential oils of ROSEMARY, ROSE, GERANIUM, BENZOIN, MYRRH and ZINC OXIDE

Apply this butter drenching formula to help smooth, nourish and protect the lip area. Organic botanicals and oils help soothe & repair the appearance of dry, cracked lips

Directions: apply as needed